

Woodall Training: TRX Boot Camp Registration



Registration Form

Please complete the following information, and send this form with a check for the boot camp fee (check payable to Woodall Training, LLC) and waiver form (attached). If you have previously attended a Woodall Training Boot Camp or Personal Training session, it is not necessary to complete a second waiver form. Please send registration and payment to:

Woodall Training
3539 John Muir Drive
Middleton, WI 53562

Thank you and see you soon. If you have any questions, please feel free to email Kari at kwoodalltraining@gmail.com.

Registration Information

Name: _____

Email Address: _____

Address: Street _____

City/State/Zip _____

Phone: _____

Registering for: TRX Introductory Boot Camp Wednesdays **6-7 AM** and Saturdays **8:15-9:15 AM**

TRX Boot Camp III Wednesdays **6-7 PM** and Saturdays **7-8 AM**

How did you hear about the TRX Boot Camps and/or Woodall Training?

Signature: _____

Date: _____

By participating in the Woodall Training TRX Boot Camps, participants agree that Woodall Training has the right to use their images in connection with the promotion of Woodall Training TRX Boot Camps.

THIS FORM WAIVES LEGAL RIGHTS AGAINST WOODALL TRAINING

I agree to waive any right to recover damages from Woodall Training, including its employees, for any harm or injuries suffered as a result of their negligent acts. In other words, I agree to release Woodall Training, including its employees, for their negligent acts, even if those negligent acts cause me (or my child) a physical injury or economic harm. I am giving up the right to sue Woodall Training, its owners and employees, for harm caused to me (or my child) as a result of their negligent acts.

This waiver does not release Woodall Training, or its employees, from liability for injuries resulting from any intentional acts.

I understand that serious injuries may occur when swimming, including but not limited to: heart attack, hitting head on the pool bottom, paralysis, and drowning.

I understand that serious injuries may occur when exercising with a suspension trainer (TRX), and with other related activities that I may participate in under the instruction of Woodall Training. The risks include but are not limited to: heart attack, pulled or torn muscles, tendons and ligaments.

I understand that if I do not agree with the terms of the release stated above, I may attempt to negotiate my own terms by discussing this with the owner or instructor from Woodall Training instead of signing this form.

By signing below, I agree to the terms of this waiver and release:

Signature of user (or Parent or Guardian if user is under 18 years of age)

Print Name

Date